



Walmart's Opioid Stewardship Initiative

The health and safety of our patients is a critical priority. Walmart Inc., including Walmart and Sam's Club pharmacies in the United States and Puerto Rico, has taken the following actions in our pharmacies to be part of the solution to our nation's opioid epidemic.

Limit Initial Acute Opioid Prescriptions

- Walmart and Sam's Club are the first national pharmacy chains to restrict initial acute opioid prescriptions to no more than a seven-day supply nationwide, with up to a 50 morphine milligram equivalent maximum per day. This policy is in alignment with the Centers for Disease Control and Prevention's (CDC) guidelines for opioid use.
- Where state law for fills on new acute opioid prescriptions is less than seven days, the company will follow state law.
- The company's pharmacists provide patients with counseling using CDC guidelines, focusing on using the lowest effective dose for pain management for the shortest time possible.

Implement Policies and Tools that Help Pharmacists Spot Fraudulent or Inappropriate Opioid Prescriptions

- Last year, Walmart and Sam's Club made a commitment to move to electronic prescribing (e-prescribing) for controlled substances by 2020. We recognize not all provider networks and prescribers will have the technology and systems in place to accommodate this requirement. We will work collaboratively with prescribers to encourage their use of e-prescribing for controlled substances by 2020, so that patients are not unintentionally negatively affected by this process. E-prescribing has the potential to reduce errors, misuse, abuse and diversion of prescription medications.
- Walmart and Sam's Club pharmacists will have access to and use the controlled substance tracking tool, NarxCare, in states that allow access. NarxCare is a tool that helps pharmacists make dispensing decisions and provides pharmacists with real-time interstate visibility where states allow.
- The company conducts opioid training and education for its pharmacists, including a pain management curriculum.
- Walmart and Sam's Club pharmacists are trained to check for indicators of potential concern before filling each prescription.

Provide a Free, Accessible Disposal Solution

- Walmart offers an opioid disposal product, DisposeRx, at no cost in all pharmacies nationwide. DisposeRX enables patients to dispose of leftover medications easily and more responsibly.
- Patients filling any new opioid prescription at Walmart receive a free DisposeRx packet, and patients with chronic opioid prescriptions are offered a free packet every six months. Existing Walmart pharmacy patients can request a free DisposeRx packet at any time on request or can purchase DisposeRx online at Walmart.com.

Help Reduce Risk of Death by Overdose

- Walmart and Sam's Club are committed to have the overdose medication naloxone behind the pharmacy counters of its stores and clubs and dispense the drug upon request, where allowed by state law.
- As an additional step, the company reinforces that pharmacists provide naloxone recommendations for patients who might be at risk for overdose, in alignment with CDC guidelines.

Support and Provide Education to Customers and Youth Aimed at Curbing Abuse

- Walmart and Sam's Club patients receive an opioid safety information brochure when picking up a new acute opioid prescription.
- Walmart has joined the Prescription Drug Safety Network, powered by education technology company EVERFI, to bring a powerful prevention education tool to teens in high schools across Arkansas, Colorado, Texas, Indiana, and Illinois. The interactive course, called Prescription Drug Safety, uses gamified technology to inform students on topics like safe use, storage, and disposal of medications, avoiding risks associated with prescription drug misuse and abuse, accessing help and treatment through community resources. Walmart is involving parents, state leaders, and educators in this important initiative through community engagement events across these states. The program is estimated to reach over 200 schools this academic year.
- Walmart has partnered with the Mark Wahlberg Foundation and the DEA's Community 360 initiative to sponsor the Wahlberg Foundation's National Youth Summits on opioid awareness. Walmart co-sponsors these events in various markets targeting middle school aged students to raise awareness on the dangers of substance abuse. Through these summits education will be provided to over 20,000 students.

Advocate for State and National Policies Aimed at Curbing Abuse and Misuse

- Walmart supports the development and implementation of a national prescription drug tracking database that would allow all 50 states to exchange their data within a centralized national database.
- The company supports legislation in states and/or in Congress to require an up to seven-day supply limit for initial prescriptions issued for acute pain and to require all controlled substance prescriptions be issued electronically.

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